

CITY OF CORONADO  
CALIFORNIA

OFFICE OF THE MAYOR

# PROCLAMATION

*WHEREAS*, mental wellness is essential to everyone's overall health and well-being; and

*WHEREAS*, all Coronado members face challenges in life that can impact their mental wellness; and should feel comfortable in seeking help and support to manage these times; and

*WHEREAS*, prevention is an effective way to reduce the burden of mental wellness struggles; and

*WHEREAS*, there are practical tools that all people can use to improve their mental wellness and increase resiliency; and

*WHEREAS*, mental wellness problems are real and prevalent; and reducing the stigma surrounding them is essential to helping prevent further hardship; and

*WHEREAS*, with effective support, prevention, and tools, those individuals struggling with their mental wellness can recover and lead full, productive lives; and

*WHEREAS*, Safe Harbor Coronado provides prevention services and interventions that improve the emotional and behavioral health of youth and families in Coronado, developing resilient youth, able to face life's challenges; and

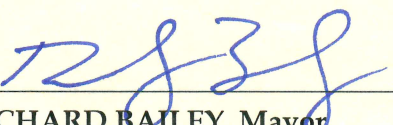
*NOW, THEREFORE*, on behalf of the City Council of the City of Coronado, I encourage the citizens, government agencies, public and private institutions, businesses, and schools in Coronado to commit our community to increasing awareness and understanding of mental wellness, the steps our citizens can take to protect their mental wellness, and the need for appropriate and accessible services for all people handling their mental wellness at all stages. I do hereby proclaim and declare May 2023, as:

## "CORONADO MENTAL WELLNESS MONTH"

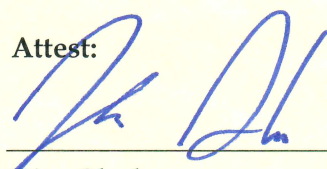
in the City of Coronado.

*IN WITNESS THEREOF, I HAVE HEREUNTO SET MY HAND* and caused the Seal of the City of Coronado, California, to be affixed thereto this Eighteenth Day of April 2023.



  
RICHARD BAILEY, Mayor

Attest:

 for:  
City Clerk